



EMU PLAINS PUBLIC SCHOOL

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SEVERE FOOD ALLERGY ALERT FOR WHOLE SCHOOL

Dear Parents and Caregivers

There are students in our school who have allergies to **all Nuts, Dairy & Eggs**. Even exposure to a tiny amount of these allergens can be potentially life threatening. It may cause him/her to go into anaphylactic shock within just a few minutes of eating or touching these foods. This shock response means that his/her face swells, he/she breaks out in hives and then the tongue and throat swell to the point where he/she can no longer breathe. Even a residue of these foods left on other children's fingers, pencils or desktops and then transferred to these students, can lead to anaphylactic shock.

Having a severe allergy is a little like crossing a road. It is always dangerous but we can work on strategies to make it safer. A child at risk of anaphylaxis is always at risk but we as teachers and parents, can do a lot to minimise that risk and make our school a safe place for everyone.

1. This student's family will ensure that all his/her food for school is checked at home and will contain no nuts.
2. The teacher will give lessons to students on how to BE A MATE to their friends with anaphylaxis. The teacher will explain the need for hand washing with soap after eating, not sharing any foods with others and telling an adult if an anaphylactic student is unwell.

If you have further questions please do not hesitate to ask us, as it is through direct communication that any concerns can be allayed. Foods with only "may contain traces of nuts" are acceptable.

We very much appreciate your willingness to help these children have a happy school life.

Yours sincerely,

MISS J BENNETT
Principal